



Lydia is a senior at Belmont Abbey College and is graduating in May of 2019 with a degree in Elementary Education. She has been a member of the BAC women's volleyball team all 4 years of my college career.

Lydia is in her third year coaching at CUVC in which she has also coached at several college summer camps as well as hosting clinics in Western North Carolina. Lydia brings great energy and works really well with our younger age groups! We are excited to have her coach again this year.